# Hunter Networks of Practice
# RESEARCH & PRACTICE BULLETIN

**FamilyInSight**
Connecting Families

## Issue 18 – October 2018

### Contents

## Aboriginal Families

### National Aboriginal and Torres Strait Islander Youth Report 2017

Mission Australia has released its National Aboriginal and Torres Strait Islander Youth Report 2017. Over 24,000 young people responded to Mission Australia's 2017 Youth Survey and over 1,200, or 5.3 per cent, of respondents were Aboriginal and Torres Strait Islander young people. The respondents come from all states and territories and live in major cities as well as regional areas, and the report provides important insights into the aspirations, experiences, and concerns of Aboriginal and Torres Strait Islander young people.
**Source:** Mission Australia

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[Download PDF] Report

## Alcohol and Other Drugs

### Fetal alcohol spectrum disorder: A national diagnostic tool and a guide to its use

This short article has been written as an update for health professionals on the national diagnostic tool for fetal alcohol spectrum disorder (FASD).
**Source:** Australian Institute of Family Studies

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## CALD Families

### Refugees and asylum seekers: Supporting recovery from trauma

**Author**

Infants and children are amongst the most vulnerable in situations of war and conflict. Children are both direct and indirect victims of war and conflict and are particularly vulnerable to exploitation and abuse.
**Source:** Trauma & Grief Network

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## Disability and Carers

### Carers NSW 2018 carer survey: Summary report

This report, released by Carers New South Wales, summarises data from a statewide survey of family and friend carers in NSW, to better understand what successes and challenges they face.
**Source:** Carers NSW Australia

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## Domestic and Family Violence

### Who reports domestic violence to police? A review of the evidence
**Isabella Voce & Hayley Boxall**
This report provides an overview of factors associated with victim reporting of domestic violence to the police.
**Source:** [Australian Institute of Criminology](#)

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## Early Childhood

### A review of the effects of early childhood education
This report has been published by the Centre for Education Statistics and Evaluation, Department of Education, New South Wales. It presents the findings of a literature review of both Australian and international studies that investigate the impact of early childhood education on children's learning and development.
**Source:** [Centre for Education Statistics and Evaluation](#)

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Download PDF  Summary

## Financial Disadvantage

### Analysis of the impact of raising benefit rates
This report, published by Australian Council of Social Services, provides an analysis of the impact of increasing a number of allowances paid by the Federal Government.
**Source:** [Australian Council of Social Service (ACOSS)](#)

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### Supporting your child through times of financial hardship
Minimise the impact of family hardship and conflict on children.
**Source:** [Trauma & Grief Network](#)

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### Access to healthy food: NCOSS cost of living report
This report, published by the NSW Council of Social Service, provides a snapshot of how NSW families on low incomes are experiencing food insecurity and cost of living pressures.
**Source:** [NSW Council of Social Service (NCOSS)](#)

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### Child social exclusion, poverty and disadvantage in Australia
This report, released by UnitingCare Australia in partnership with the University of Canberra's National Centre for Social and Economic Modelling, examines the multi-dimensional nature of disadvantage in Australia and its impacts.
**Source:** [Uniting Care Australia](#)

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### Poverty in Australia 2018

This report, released by the Australian Council of Social Service in partnership with the University of New South Wales, measures and profiles poverty in Australia, finding that poverty rates have remained entrenched at a high level.

**Source:** Australian Council of Social Service

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## Mental Health

### National Communications Charter: A unified approach to mental health and suicide prevention

This resource, published by Life in Mind, is designed to guide the way organisations talk about mental health and suicide prevention, with each other and with the community.

**Source:** Life in Mind

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### Diagnosis in child mental health – Exploring the benefits, risks and alternatives

Service providers seldom have time to explore the debates, complexities and nuances surrounding the diagnosis of child mental health conditions. This paper is designed to encourage practitioners in the child and family welfare sector to examine their own understanding of diagnostic systems, and to critically reflect on the role that diagnosis plays in their work with children and families

**Source:** Emerging Minds

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### Parental mental illness: Building understanding and resilience in children

Brad Morgan describes the experience of COPMI, and developing resources and training for the professionals who work with them.

**Source:** Australian Institute of Family Studies

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## Parenting

### Kids in rural and remote areas: Coping with tough times

This factsheet explains trauma and adversity and how it affects those kids living in rural and remote areas.

**Source:** Trauma & Grief Network

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## Protecting Children

### The economic costs of child abuse and neglect

This updated resource sheet outlines the economic costs of child abuse and neglect. It looks at both the direct costs (e.g. child protection, out-of-home care (OOHC) and family support services) and the indirect costs (in terms of prevention and the long-term costs of supporting victims/survivors of child abuse).

**Source:** Australian Institute of Family Studies

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### Children in care

This updated resource sheet is designed to inform service providers, practitioners and policy makers about children and young people living in out-of-home care in Australia. It provides a snapshot of the data on Australian children and young people who were in out-of-home care during 2016/17 and identifies current issues in providing a safe and stable care arrangement for these children and young people.

**Source:** Australian Institute of Family Studies

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### What is child abuse and neglect?

The purpose of this resource sheet is to provide practitioners, policy makers and researchers with a working definition of child abuse and neglect. It provides a general definition of child abuse and neglect and definitions of the five commonly regarded subtypes. The resource sheet provides information about: whether the abuse types constitute grounds for protection of a child under child protection law; and whether the abuse types are a crime under criminal law, with the possibility of punishment of the offender.

**Source:** Australian Institute of Family Studies

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## Other

### Children's Headline Indicators

This report, published by Australian Institute of Health and Welfare, examines trend data in key indicators of child health, development and wellbeing. You can also download a PDF quick reference guide.

**Source:** Australian Institute of Health and Welfare (AIHW)

Web report

Download PDF    Quick Reference Guide

### A new era for community directors: a navigator's guide

Community directors face an unprecedented burden of increased regulation, decreased funding and low community trust, according to the former commissioner of the Australian Charities and Not-for-profits Commission, Susan Pascoe. Addressing the Community Directors Conference in Me

**Source:** Institute of Community Directors

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### Grants in Australia 2018: The secrets of success

When it comes to getting grants, what sets the winners apart from the strugglers? Australia's biggest grant seeker data analysis reveals the answers.

**Source:** Australian Institute of Grant Management

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### Non-Profit Sector Innovation Index 2018

GiveEasy has launched their Non-Profit Sector Innovation Index for 2018. It offers key insights into innovation in the NFP sector, as well as case studies and tips in how to begin the practice in your own organisation.

**Source:** Community Net

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